

Monday

Tuesday

Wednesday

Thursday

Friday



Coleman Adult Day Services

October 2026

Lunch Menu

*All meals are served, with fat-free or 1% milk *

 Coleman Adult Day Services October 2026 Lunch Menu *All meals are served, with fat-free or 1% milk *				1 2oz Egg Salad Sandwich 1/2 Pickle 1/2c Peaches 2oz WG Bun 8oz 1% Milk	2 2oz Stuffed Peppers 1/2c Mashed Potatoes 1/2c Applesauce 2oz WG Bread 8oz 1% Milk
5 2oz Swedish Meatballs 1/2c Corn 1/2c Mixed Fruit 2oz WG Bread 8oz 1% Milk	6 2oz Macaroni & Cheese 1/2c Stewed Tomatoes 1/2c Pineapple 2oz WG Bread 8oz 1% Milk	7 2oz Macaroni & Beef 1/2c Peas 1/2c Pears 2oz WG Bread 8oz 1% Milk	8 2oz Beef Taco 1oz WG Tortilla 1/2c Corn 1/2c Apple Slices 8oz 1% Milk	9 2oz Beef Hotdog 1/2c Baked Beans 1/2c Tropical Fruit 2oz WG Bun 8oz 1% Milk	
12 2oz Sloppy Joe 1/2c Tater Tots 1/2c Applesauce 2oz WG Bun 8oz 1% Milk	13 2oz Roasted Turkey & Gravy 1/2c Brussel Sprouts 1/2c Fruit Cocktail 2oz WG Wheat Bread 8oz 1% Milk	14 2oz Chicken Salad Sandwich 1/2 Pickle 1/2c Bananas 2oz WG Bun 8oz 1% Milk	15 2oz BBQ Pulled Pork 1/2c Baked Beans 1/2c Peaches 2oz WG Bun 8oz 1% Milk	16 2oz Cheeseburger 1/2c French Fries 1/2c Mixed Fruit 2oz WG Bun 8oz 1% Milk	
19 2oz Stuffed Peppers 1/2c Mashed Potatoes 1/2c Pears 2oz WG Bread 8oz 1% Milk	20 2oz Chicken Patty 1/2c Brussel Sprouts 1/2c Pineapple 2oz WG Bun 8oz 1% Milk	21 2oz Meatloaf 1/2c Mixed Vegetables 1/2c Tropical Fruit 2oz WG Bread 8oz 1% Milk	22 2oz Ravioli w/ Meat Sauce 1/2c Carrots 1/2c Fruit Cocktail 2oz WG Bread 8oz 1% Milk	23 2oz BBQ Chicken 1/2c French Fries 1/2c Oranges 2oz WG Bread 8oz 1% Milk	
26 2oz Sweet & Sour Chicken 1/2c Rice 1/2c Vegetable Blend 1/2c Applesauce 2oz WG Bread 8oz 1% Milk	27 2oz Lasagna 1/2c Capri Vegetables 1/2c Pears 2oz WG Bread 8oz 1% Milk	28 2oz Chicken Nuggets 1/2c Tater Tots 1/2c Peaches 2oz WG Bread 8oz 1% Milk	29 2oz Salsbury Steak 1/2c Mashed Potatoes 1/2c Strawberries 2oz WG Bread 8oz 1% Milk	30 2oz Vegetable Lasagna 1/2c Garden Salad 1/2c Apple Slices 2oz WG Bread 8oz 1% Milk	

*The following major food allergens are used as ingredients: Milk, Eggs, Fish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame.

This institution is an equal opportunity provider