

Coleman Adult Day March 2026- Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
<p>2 oz Beef Patties WG Bread 1oz Eq. 1/2 c Green Beans 4 oz Bananas 8 oz. Fat Free Milk</p>	<p>2 oz Grilled Chicken 1/2 c Cooked Carrots 1/2 c Apples WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Breaded Chicken nuggets 1/2 c Broccoli WG Bread 1oz Eq. 4 oz Peaches 8 oz. Fat Free Milk</p>	<p>2 oz Chicken Hot Dogs 1/2 c Baked Beans WG 2oz Bread 4 oz Applesauce 8 oz. Fat Free Milk</p>	<p>2 oz Beef Meatball 1/2 c Tomato Sauce 1/2 Peas 4oz Apples WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>
9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
<p>2 oz Brd. Chicken Patties 1/2 c Sweet Potatoes WG Bread 1oz Eq. 4 oz Applesauce 8 oz. Fat Free Milk</p>	<p>2 oz Macaroni & Cheese 1/2 c Broccoli 4 oz Oranges WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Beef Taco Meat 1c Black Beans WG Tortillas 1oz Eq. 4 oz Bananas 8 oz. Fat Free Milk</p>	<p>2 oz Breaded Chicken Nuggets 1/2 c Green Beans WG 1oz Bread 4 oz Peaches 8 oz. Fat Free Milk</p>	<p>2 oz Sloppy Joe 1/2 c Green Beans WG Bread 1oz Eq. 8 oz Apple Juice 8 oz. Fat Free Milk</p>
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
<p>2 oz Turkey Sausage WG Pancake 1oz 1/2 c Potatoes 4 oz Applesauce 8 oz. Fat Free Milk</p>	<p>2 oz Grilled Chicken 1/2 c Green Beans 1/2 c Brown Rice 4 oz Peaches WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Brd. Chicken Nuggets 4 oz Mandarin Organges 1/2 c Corn WG Bread 1oz 8 oz. Fat Free Milk</p>	<p>2 oz Cheese Ravioli 1/2 c Cooked carrots 1/2 c Tomato Sauce 8 oz Apple Juice WG Bread 1oz Eq, 8 oz. Fat Free Milk</p>	<p>2 oz Beef Patties /Gravy 1/2 c Whipped Potatoes WG Bread 1oz 4 oz Oranges 8 oz. Fat Free Milk</p>
23-Mar	24-Mar	25-Feb	26-Mar	27-Mar
<p>2 oz Breaded Chic Corn Dogs 1/2 c Peas WG Bread 2oz Eq. WG Bread 1oz 4 oz Pineapple Tidbits WG Bread 2oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Breaded Chicken Nuggets 1/2 c Green Beans WG Bread 1oz Oranges 8 oz. Fat Free Milk</p>	<p>2 oz Beef Meatball 1/2 c Tomato Sauce 1/2 c Potatoes 4 oz Apples WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Turkey Meat 1/2 c Carrots 8 oz Apple Juice WG Bread 1oz Eq. 8 oz. Fat Free Milk</p>	<p>2 oz Chicken Hot Dogs 1/2 c Corn WG 1oz Bread 4 oz Applesauce 8 oz. Fat Free Milk</p>
30-Mar	31-Mar			<p>Meals prepared by Lil Indians Mobile Meals</p>
<p>USDA is an equal opportunity provider, employer and lender</p>				<p>** the following major food allergens are used as ingredients: milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soy & sesame</p>