

Monday	Tuesday	Wednesday	Thursday	Friday	
Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Bowling 12:00 Lunch 1:00 Exercise w/ Marianne 2:00 October Trivia 3:00 Afternoon Snacks	2 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Discussion Group w/ Sandra 12:00 Lunch 1:00 Bible Study w/ David Wilkes 1:30 Council Meeting w/ Bambi 2:00 Peanuts Day Activity 3:00 Afternoon Snacks	3 Oktoberfest Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Darts 12:00 Lunch 1:00 Entertainment w/ Bud Coutts 2:00 Matching Game 3:00 Afternoon Snacks	4 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Cornhole 12:00 Lunch 1:00 Entertainment w/ It's About Time Duo/ Birthday Party 2:00 Silly Sayings Discussion 3:00 Afternoon Snacks	5 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Balloon Badminton 12:00 Lunch 1:00 Joanne/Visits 2:00 Sing Along 3:00 Afternoon Snacks	6 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Balloon Badminton 12:00 Lunch 1:00 Joanne/Visits 2:00 Sing Along 3:00 Afternoon Snacks
9 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Ladder Ball 12:00 Lunch 1:00 Bingo 2:00 Columbus Day Discussion 3:00 Afternoon Snacks	10 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Discussion Group w/ Sandra 12:00 Lunch 1:00 Bible Study w/ Sue Ritts 2:00 Ten Letter Words 3:00 Afternoon Snacks	11 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Skee Ball 12:00 Lunch 1:00 Penny Ante 2:00 I Love Lucy Discussion/ Episodes 3:00 Afternoon Snacks	12 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Dice 12:00 Lunch 1:00 Card Making 2:00 Junk Drawer Detective 3:00 Afternoon Snacks	13 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Horseshoes 12:00 Lunch 1:00 Music Therapy w/ Hannah 2:00 Picture It 3:00 Afternoon Snacks	
16 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Miniature Golf 12:00 Lunch 1:00 Exercise w/ Marianne 2:00 Patsy Cline Discussion 3:00 Afternoon Snacks	17 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Discussion Group w/ Sandra 12:00 Lunch 1:00 Pumpkin Decorating 2:00 Name That Tune 3:00 Afternoon Snacks	18 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Ball and Can Toss 12:00 Lunch 1:00 Halloween Bingo 2:00 Movie Monster Discussion 3:00 Afternoon Snacks	19 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Plinko 12:00 Lunch 1:00 Pet Visits 2:00 Karaoke 3:00 Afternoon Snacks	20 Wear It Pink Day in Support of Breast Cancer Research Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Darts 12:00 Lunch 1:00 Joanne/Visits 2:00 Armchair Travels 3:00 Afternoon Snacks	
23 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Basketball Hoops 12:00 Lunch 1:00 Music Bingo 2:00 Matching Game 3:00 Afternoon Snacks	24 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Discussion Group w/ Sandra 12:00 Lunch 1:00 Bible Study w/ Sue Ritts 2:00 Weird Al Yankovic Discussion 3:00 Afternoon Snacks	25 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Dice 12:00 Lunch 12:45- 2:30 Movie and Popcorn: Practical Magic 2:00 Niagara Falls Discussion 3:00 Afternoon Snacks	26 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Skee Ball 12:00 Lunch 1:00 Entertainment w/ Frankie 2:00 Wheel of Fortune 3:00 Afternoon Snacks	27 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Ladder Ball 12:00 Lunch 1:00 Entertainment w/ Celtic Clan 2:00 Word Game 3:00 Afternoon Snacks	
30 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Chair Exercises 11:00 Balloon Badminton 12:00 Lunch 1:00 Gary Shreve as Elvis 2:30 Halloween Cookies Baking Craft 3:00 Afternoon Snacks	31 Coffee & Conversation 9:00 Breakfast 10:30 News & Views/ Monster Mash Chair Exercises 11:00 Discussion Group w/ Sandra 12:00 Lunch 1:00 Halloween Party 2:00 Halloween Trivia 3:00 Afternoon Snacks	 <h1 style="color: #E67E22; font-family: cursive;">October 2023</h1> <h2 style="color: #2E86C1; font-family: sans-serif;">Activity Calendar</h2>			