April 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken 4oz Red Skin Potatoes ½c Capri Blen Vegetables½c 2 WGR Biscuit 2.5 diameter Fresh Banana Skim Milk 8oz	4 Hearty Beef Stew 8oz Potatoes&Vegetables ½c Brocoli ½c WGR Slices(2) Applesauce ½c Skim Milk 8oz	5 Beef Hamburger Patty 3oz German Potato Salad ½c Baked Beans ½c WGR Hamburger Bun 2oz Pineapple Tidbits ½c Skim Milk 8oz	6 Sliced Tukey 3oz Gravy 2oz Sweet Potatoes ½c Diced Carrots ½c WGR Corn Muffin 2oz Mixed Fruit ½c Skim Milk 8oz	Good Friday 7 Sliced Ham 3oz Sweet Potatoes 1/2 c Corn 1/2 c WGR Corn Muffin 2oz Assorted Fruit Pie 4oz Skim Milk 8oz
10 Chicken Salad 3oz Potato Salad ½c Three Bean Salad ½c WGR Hamburger Bun 3oz Peach Cobbler ½c Skim Milk 8oz	11 Rigatoni 6oz Meat Sauce 2oz Mixed Vegetables ½c Sliced Carrots ½c WGR Breadstick 2oz Diced Pears ½c Skim Milk 8oz	12 Sweet & Sour Chicken 4oz California Blend Vegetables ½c Diced Beets ½c WGR Slices (2) Mixed Fresh Fruit ½c Skim Milk 8oz	13 Sloppy Joe 3oz Diced Potatoes ½c Carrots & Peas ½c WGR Hamburger Bun 2oz Applesauce ½c Skim Milk 8oz	14 Salisbury Steak 3oz Gravy 2oz Whipped Potatoes ½c Spinach ½c WGR Dinner Roll 3oz Apple Slices ½c Skim Milk 8oz
17 Sliced Ham 3oz Scalloped Potatoes ½c Green Beans ½c WGR Dinner Roll 2oz Mandarin Oranges ½c Skim Milk 8oz	18 Roast Beef 8oz Gravy 2oz Mashed Potatoes ½c Broccoli Cuts ½c WGR Slices (2) Pineapple Tidbits ½c Skim Milk 8oz	19 Marinara Meatballs 3-1oz Spaghetti Noodles 1c Tossed Salad ½c Italian Vegetable Blend ½c WGR Breadstick 2oz Fruitcocktail ½c Skim Milk 8oz	20 Chicken Breast 3oz Red Skin Potatoes ½c Three Bean Salad ½c WGR Slices (2) Mixed Fruit ½c Skim Milk 8oz	21 Stuffed Peppers w/Beef 3oz Mashed Potatoes ½c Sliced Carrots ½c WGR Dinner Roll 2oz Mixed Fruit ½ cup Skim Milk 8oz
24 Meatloaf 3oz Gravy 2oz Mashed Potatoes ½c Green Beans ½ cup WGR Slices (2) Diced Peaches ½c Skim Milk 8oz	25 Beef Hot Dog 2oz Baked Beans ½c Diced Potatoes ½c WGR Hotdog Bun 3oz Sliced Apples ½c Skim Milk 8oz	26 Macaroni & Cheese 6oz Stewed Vegetables ½c Italian Vegetables ½c WGR Dinner Roll 2oz Mixed Fruit ½c Skim Milk 8oz	27 BBQ Pork 3oz Diced Potatoes ½ cup Sweet Corn ½c WGR Hamburger Bun 2oz Mixed Fruit ½c Skim Milk 8oz	28 Turkey & Noodles 8oz Mashed Potatoes ½c Mixed Vegetales ½c WGR Dinner Roll 2oz Applesauce ½c Skim Milk 8oz
		DIRECTION HOME AKRON CANTON AREA AGENCY ON AGING & DISABILITIES Menu approved by: Jill Riffle MS, RDN, LD		

All items are subject to change

This Institution is an Equal Opportunity Provider