





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sit & stretch 1:00 Sue Hymns Happy Birthday Lillian 	2 Flex DVD March madness 10:30 Sandy visits U-TUBE B.B. game free throw	3 Ball toss Name that tune? Women in History Color bingo Who am I ? Jokes anyone	4 Noodleball Trivia 1:00 Tricia sings Country Travel silly places Make a new friend	5 10:30 RAC yoga Remember when? Color tyme Ladderball Circle group Floor dice	6 This institution is a equal opportunity provider
Daylight Saving Time Begins	8 Parachute Manicure Monday Table game 1:00 David Bible Study table game Purim Begins	9 50 plus What am I ? 10:30 Sandy visits 1:15 Jim entertains Pair up Individual time	10 10:30 Bill Time Slips Program Individual time Skeeball Meet a new friend	11 10:30 Alan disc. Group Individual time 1:00 Karaoke George Friendship circle	12 10:30 Sally UH yoga Lucky Day 1:15 Ellen music therapy program Cornhole game	
	15 Sporty nicknames Manicure Monday Truth or Blarney EZ does it 1:00 RAC yoga Lucky Dog cards	16 10:30 Sandy visits WEAR GREEN DAY Remember the Irish History 1:15 Celtic Clan plays Travel Ireland Irish snack <small>St. Patrick's Day</small>	17 Shake it Trivia (1953) 1:00 Bob Hudson Communion Service table game circle disc. group	18 Rock & roll Name day 1:00 Longmeadow Educational program First day of spring <small>Spring Begins</small>	19 Mr. Rodgers day Won't you be my neighbor 1:15 Ellen music therapy T.V. Fred	20
22 Bend & stretch Funny bones Manicure Monday 1:00 Longmeadow Sponsors Bingo Sing-a-long	23 10:30 Sandy visits Whoga Medical FYI 1:00 Woodlands sponsors Bingo Circle disc. group	24 Dance to the music 10:30 Sue visits Memory lane Creative musings 1:00 Lori speaker Table game	25 10:30 Alan disc. Group Opening day Baseball Story hour 1:15 Stevie on guitar Puzzle T.V. Easy listening	26 Meditation Discuss & recall Trivia 1:00 Elaine plays piano Table game	27	28
29 Balance train Name the game? Manicure Monday Wacky words B.B. 1:00 Barbara plays piano	30 10:30 Sally UH yoga 11:00 Sandy visits Reminisce 1:00 Karaoke George Pair up	31	