

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED	2 3 oz. Sloppy Joe on 2 oz. Wheat Bun 4 oz. Diced Potatoes 4 oz. Broccoli 1 sm. Banana	3 1 C. Creamed Chicken 2 oz. Country biscuit 4 oz. Peas 4 oz. Carrots 4 oz. Diced Peaches	4 3 oz. Egg Salad 4 oz. Potato Salad 4 oz. 3-Bean Salad 2 oz. Wheat Bun 4 oz. Fruit Cup
7 3 oz. Turkey Sausage 2 oz. Peppers & Onions 4 oz. Green Beans 4 oz. Oven Potatoes 2 oz. Wheat Bun 4 oz. Fruit Cup	8 3 oz. Pork Chop 4 oz. Mashed Potatoes 4 oz. Ital. Veg. 2 oz. Dinner Roll Fruited Jell-O	9 1 C. Chili 4 oz. Diced Tomatoes 4 oz. Corn 2 oz. Corn Muffin Banana	10 3 oz. Roast Beef 4 oz. Noodles 4 oz. Vegetable Medley 2 oz. Dinner Roll 4 oz. Mixed Fruit Cup	11 3 oz. Ham & Ch. Omelet 4 oz. Diced Potatoes 4 oz. Peas 2 oz. Country Biscuit 4 oz. Pears
14 3 oz. Baked Chicken 4 oz. Mashed Potatoes 4 oz. Beets 2 oz. Dinner Roll 4 oz. Pears	15 3 oz. Chicken Breast 4 oz. Rice 4 oz. Brussels Sprouts 2 oz. Dinner Roll Pineapple Tidbits	16 3 Swed. Meatballs (1 oz.) 4 oz. Noodles 4 oz. Green Beans 2 oz. Whole Wheat Bread 4 oz. Fruit Cup	17 3 oz. BBQ Ribs 4 oz. Diced Potatoes 4 oz. Baked Beans 2 oz. Wheat Bread 4 oz. Fruit Cup	18 3 oz. Ham Salad 2 oz. Croissant 4 oz. Pasta Salad 4 oz. Broccoli Oz. Pears
21 MARTIN LUTHR KING DAY CLOSED	22 1 C. Beef Stew 4 oz. Diced Potatoes 4 oz. Carrots 2 oz. Country Biscuit 4 oz. Mandarin Oranges	23 3 oz. Stuffed Pepper 4 oz. Whipped Potatoes 4 oz. Green Beans 2 oz. W. Wheat Bread 4 oz. Escalloped Apples	24 1 C. Mac & Cheese 4 oz. Stewed Tomatoes 4 oz. Mixed Vegetables 2 oz. Muffin 4 oz. Grapes	25 4 oz. Beef Ravioli 1 C. Tossed Salad 4 oz. Broccoli 2 oz. Bread Stick 4 oz. Applesauce
28 3 oz. Hamburger 4 oz. Diced Potato 4 oz. Baked Beans 2 oz. W. Bun 4 oz. Fruit Cup	29 3 oz. Chicken Beast 4 oz. Whipped Potatoes 4 oz. Peas 2 oz. Dinner Roll 4 oz. Sliced Strawberries	30 1 C. Spaghetti/meatballs 4 oz. Green Beans 4 oz. Corn 2 oz. Garlic Bread 2 oz. Jell-O with fruit	31 3 oz. Salisbury Steak 4 oz. Whipped Potatoes 4 oz. Green Beans 2 oz. Dinner Roll 4 oz. Applesauce	 <i>Menu approved by:</i> <i>Jill Riffle MS. RDN. LD</i>

